

Unitarian Society of Hartford



Building Community Since 1830

Unitarian Society of Hartford

50 Bloomfield Avenue, Hartford, CT 06105

Tel: (860) 233-9897 • Email: hartforduusociety@gmail.com

www.ushartford.org

Office Administrator's Hours: Sunday through Thursday, 9:00 a.m. to 2:00 p.m. Please feel free to email/call for an appointment

NOVEMBER 9, 2022



November 13, 2022: 10:30 a.m.

"The Secret Spiritual Lives of UUs"

**Judy Robbins, Pulpit Guest
Rick Tsukada, Worship Associate
Special Musical Guests, Meetinghouse
Chancel Arts Sub-Council, Chancel Art
Annie Witzler, Interim RE Coordinator**

**Virginia DeLima, Welcome Table
Lu Giammatteo & Sue Smolski, Greeters
Larry Lunden & Fred Louis, Ushers**

Matters of the Heart:

Electronically by 9 a.m. Sunday: email HartfordUUHeart@gmail.com

In person – use MOH basket for written cards on Sunday morning

10:30 a.m. Hybrid Worship Service

Join us in ZOOM [here](#)

See Order of Service [here](#)

Closed captions are available.

Meeting ID: 931 0388 7934

Passcode: 128493

11:30 a.m. – USH auction will replace Coffee Hour immediately following the service, in person and ZOOM. Please join us.

**You can also watch the Sunday service
at <https://vimeo.com/unitariansocietyhartford>
or on the USH [Facebook](#) page.**



Pulpit Guest, Judy Robbins

Judy Robbins, a UU since the late 1960s, has devoted herself to USH since her retirement as a psychologist. She is a founder of the successful SpiritLife programs that serve the three area UU churches.

Worship Associate, Rick Tsukada

Rick is a lifelong UU who has found a role as a heyoka, a sacred clown, the guy who says out loud what others are thinking. Sometimes this gets him in hot water but he doesn't mind.



Meetinghouse

Meetinghouse is a collection of UU musicians who have been playing at Hartford-area churches for the last 5 years. Their ministry is to spread the love of music to local congregations through

joy-filled performances.

Sunday Worship

Upcoming Sunday Services: Join us, in person or online.

November 13 – "The Secret Spiritual Lives of Unitarian Universalists" – Judy Robbins, Pulpit Guest/Peter Meny, Worship Associate

November 20 – "Gratitude" – Diane Cadrain, Pulpit Guest/Margaret Leicach, Worship Associate

November 27 – Title pending – Rev. Aaron Payson, Pulpit Guest/Sue Smolski, Worship Associate

Sue Smolski

Worship Associate Coordinator



Welcome Team Sign-Up

Volunteer to be a greeter, usher, or to staff the welcome table this fall. Simple, rewarding short-term commitments helping extend hospitality to members and visitors.

Use the Sign-Up Genius app [here](#) to be part of our Sunday Morning Welcome Team.

Congregational Matters



USH 2022 Auction – Sunday, November 13

It's almost here — this year's auction! There's currently an open online silent auction, (you can visit the site and enter your bids), followed by a hybrid live /zoom auction of select items on Sunday

November 13 at noon. USH member Bob Hewey is our auctioneer. The auction provides great additional opportunities to connect and interact as well as contribute to our Stewardship fundraising.

Do you have a special talent, skill, or a unique service to offer? Can you host a dinner? Your donation(s) of a service, teaching, cooking, guiding, craft/art item, local business gift certificate, guided walk, historical outing, vacation time share {let your imagination run wild} are needed in the next few days to supplement our catalog of auction items.

We are using an auction website — www.togetherauction.com/ushartford — that we've used the last few years. This site has preloaded member/friend information, allowing you to sign in to the site easily using your telephone number. Simply the clear directions on the website.

You can enter donated item description or bring forward your description from the 2021 auction if you'd like to start there. Alternatively, you can email us information about items you'd like to post on the auction site at USH.auction2020@gmail.com. **We can still use some volunteers to help set up the live auction this Sunday.**

Thanks — auction team Michael Michaud, Paul Cipriano, Mike Covault, Ginny Hedrick, and Jon Covault.

Concerning Needs for Pastoral Care...

The Caring Network has had a number of requests for Pastoral Care during the past few months. Generally, we have been able to reach out to the individuals and meet their needs., However, there are situations when contact with a minister is preferred. If you wish to speak to a minister, please contact me and I will give you the contact information. You can reach me by phone (860/212-6923), by email

(janicecnewton(at sign)gmail.com) or see me on Sunday. I will usually be at the Caring Network table at the entrance of Fellowship Hall.

~ Janice Newton, Chair

Meeting House Presents

Friday, November 18, 2022 at 7:00 \$20 donation Two shows, one night!

Van Manakas on Jazz Guitar with Rave Tesar on Piano
and Cosmic Legends, featuring Sylvie Degiez and Wayne Lopes



Van Manakas – jazz guitar

Van Manakas has toured 5 continents and all 50 US states with jazz greats such as the Gil Evans Orchestra, Paul Bley and Miroslav Vitous. He is acclaimed as one of the most versatile and respected guitarist in the country. Known for his expertise in indigenous guitar styles, he has tour with such artists as Gil Evans Orchstra, Paul Bley, Scott Cossu, Miraslav Vitous, The Nashville Mandolin Ensemble and Butch Baldassari across 5 continents.

Video link <https://youtu.be/owdlu-XV6Qs>



Rave Tesar -piano <https://www.ravetesar.com/>

Rave is a New York area keyboardist, composer, producer and recording engineer. Growing up in a musical household, Rave began playing piano at an early age, and developed an affinity for all styles of music. He began his career working on the Jazz scene in and around New York with numerous groups and leaders.

Special guests Cosmic Legends
featuring Sylvie Degiez and Wayne Lopes - [Cosmic Legends](#) website.

“Cosmic legends is dedicated to the Improvising Artist, A conversation among those for whom art’s substance is time: music and the spoken word, Shaper of the Subtle realm. Special thanks to all who contribute technical, stage, administrative, and artistic skills to make each performance happen.”

Sylvie Degiez is a pianist, composer and educator who lives in New York city. She has created and directed multiple performances that integrates music with words and visuals such as multimedia operas, voice recitals, music & words videos, poetry readings with music. She teaches music @ The Young Composer Workshop, a program in it’s 3rd decade she created for young people.

Wayne Lopes is a guitarist and composer who has been a presence on the NY music scene for decades. He has created the music for many art performances, dance pieces and plays and has performed with The Human Arts Ensemble, Judith Malina and Hanon Reznikov of The Living Theater, Nico, Ken Little Hawk Andy 3 Raven of Brothers of the Wind, and Perry Robinson. He is a founding member of the Gift of Eagle Orchestra with Van Manakas and Sylvie Degiez.

Cosmic Legends video

link: <https://www.youtube.com/watch?v=Qn61Xovdx2U>

Coming Next Month:

Friday, December 2, 2022 at 7:00

Oldies Rock & Roll Show with Rod Muck – Details will follow.

Laura and Paul Cipriano

Meeting House Presents, Unitarian Society of Hartford, CT

<http://www.ushartford.com/nourishing-spirit/music/meetinghousepresents/>

Social Justice

GHIAA Information

There are several important dates and training opportunities coming up!

GHIAA Orientation: If you are new to GHIAA or interested in learning more please join us for a 90-minute orientation sessions being held this fall. This orientation is required prior to taking the core team training which will be offered in February (dates TBD). **Register for GHIAA orientation by [clicking here](#).**

In Person, November 9, 6:30-8pm, at Asylum Hill Congregational Church, 814 Asylum Avenue, Hartford.

GHIAA POWER SUMMIT – SAVE THE DATE! Wednesday, December 7 (7 p.m.) at Central Connecticut State University. This will be a large GHIAA Action where we officially launch campaigns, negotiate with legislators and other power brokers, and welcome new GHIAA members. Details for turnout and other issues will be sent to core teams shortly!

Cori Nicewander, Executive Director

(If you have any questions for USH members, you can speak to Diana Heymann or Judy Sullivan)



The November Good Neighbor Offering supports Connecticut Foodshare, whose mission is to provide nutritious food to people in need throughout the state. They partner with food retailers, growers, financial donors, and volunteers to source food and distribute it through a network of 500 food access points that include community-based pantries, soup kitchens, shelters, as well as their Mobile Pantries, Dairy Express, and Senior Supplemental Food Program.

According to estimates from Feeding America, more than 490,000 Connecticut residents struggle with hunger; and more than 131,000 children are food insecure. These are people from all walks of life – children, working parents, seniors, or people living with disabilities. They are our neighbors.

Last year, Connecticut Foodshare distributed enough food to prepare nearly 37 million meals to people in need in Connecticut.

We can help fulfill their mission by:

- Donating in November at USH
- Volunteering your time
- Advocate – learn about the issues affecting hunger in our communities and help share the message with our representatives. Learn more at: <https://ctfoodshare.org/>

West Hartford Food Bank Information

If you are a West Hartford resident, the Food Bank is at West Hartford Town Hall.

Here are this week's needs:

Canned corn

Pasta

Sauce

Boxed Mac & Cheese

Canned soup

Check on your local needs by going online. Some towns like Bloomfield, Hartford, East Hartford, Glastonbury, and Manchester have multiple sites from which to choose.

Please give as you are able! Thanks!

Grocery bags are now being collected by the office door rather than the main entrance.

~Diana Heymann

RE and Chalice Clubhouse



The temperature is dropping, but our fun levels are off the charts at USH!

We have exciting opportunities available for ages 0-18. Signup online [here](#) or on Sundays in person at the welcome table.

Please note that we will not be holding Time for All Ages this weekend, so children and youth who wish to participate in RE programming should report directly to their classes when they arrive. Locations for all classes are indicated in red under each category!

The Sprouts Nursery (Ages Infant-Pre-K):

Our nursery is open to all infants, young children, and their families. There are toys, books, art supplies, and plenty of room for imagination to grow free!

We have dedicated personnel and volunteers there to supervise every week and the best part? You can now listen and participate in the service while you're there! Nursery go-ers can listen to the service and even participate in our Candles of Memory and Hope ritual.

Come visit any Sunday and never miss a single sermon! **Located downstairs adjacent to Fellowship Hall.**



In The Chalice Clubhouse (Grades K-6):



In our clubhouse, all are welcome. Everyone who enters is given a smile, a chance to speak their truth, and a place to be themselves!

This weekend, November 13, we will be entering into the season of giving with a brand new story and a fun, interactive activity to accompany it.

We hope to see you **downstairs in Fellowship Hall!**

USH Youth Group (Grades 6 – 12):



This Sunday, the USH Youth Group will be meeting for its fifth session of the fall.

There will be snacks!!!

They will be discussing how they as individuals can make an impact on their youth group, USH's congregation at large, and on the Unitarian Universalist faith in general.

Any youth who wishes to participate should report directly to The Youth Room (also known as Faustus Socinus) when they arrive. We hope to see you there!

Events & Happenings

Meeting House Sing-Along – November 12, 2022

We resumed our regular schedule of Sing-Alongs, 2nd Saturday of the month. Contact: Fred Louis (FLouis@yahoo.com) or Ed Savage 860-966-8155 (mobile) (EdSavage03@yahoo.com)

Join us at the next Meetinghouse Sing-Along! Fred Louis and Ed Savage are offering an opportunity to join in song on the second Saturday of each month from 2 to 5 p.m. We will have song sheets and some loaner copies of Rise Up Singing available. Bring your own 'Rise Up Singing' if you have one, as we have used it a lot in other months. We will also use the NEW "Rise Again" sequel – 1200 more songs to sample.

Can we find songs that celebrate THANKFULNESS ? VETERANS ? We'll put some chairs in a circle and take turns singing or playing, with those who know the tune or words joining in as they wish. You can come early or come late, whatever fits your family schedule. Some of us bring snacks, but that is not required (or organized) Look for a sign near the door if you can't see or hear us right away. We may be downstairs (elevator to the left of entry) or around to the right in the Meditation Room.

If you have NOT completed a COVID Vaccination and Booster, we ask that you skip the Sing-Alongs for now, to protect you from US. Because we have to move indoors, we strongly recommend some kind of masks in addition to the social spacing.



UU SpiritLife

November's next *SpiritLife Conversation* is 11/19 on Insights from a Nondual Rabbi. Saturday mornings, 9 – 10:30. Read the article first at UUSpiritLife.org and then drop in to a facilitated discussion with UUs from the three area churches, no registration required. For the complete fall schedule, and log-in instruction, go [here](#). One of last year's

participants said: "Wow, what an interesting, heartfelt opportunity to go deeper with other UUs!"

Monthly Gatherings

Pizza and Movie Nights – Join us, **Friday November 11**, for conversation, pizza, a movie, and more conversation (about the movie). Movies are recommended by your friends at USH who have found them interesting, perhaps provocative, and worth seeing. This month's feature is *LoneStar*, John Sayles' 1996 mystery/western focusing on power dynamics and ethnic tensions in Texas' borderlands. Chris Cooper, Matthew McConaughey, Kris Kristofferson, Elizabeth Peña, Joe Morton, Frances McDormand. Rated "R". If you haven't yet signed up, email Janice Newton by NOON Thursday 11/10. \$15 covers pizza, salad, dessert, non-alcoholic beverages. Feel free to bring your own beer or wine, if that's your preference.

Second Saturday Sing-Along –

Sing-Alongs, 2nd Saturday each month: NEXT UP: **NOVEMBER 12**.
Contact: Fred Louis (FLLouis@yahoo.com) or Ed Savage 860-966-8155 (mobile) (EdSavage03@yahoo.com)

The Lunch Bunch – Our next gathering is **Tuesday, NOVEMBER 15, at NOON in Fellowship Hall**. Please brown-bag *your own* lunch and beverage... you'll ensure having something you enjoy! Nancy Kemmerer will be speaking.



Book Cart Replenishment!

Please help us restock after the summer of giveaways. We are looking for adult fiction, mysteries and non-fiction primarily, and the more recent the edition the better. The idea is to pass on books you really enjoyed.

They can be left in a marked bin in the staff office. Thanks!

INVITATION FROM THE BOOK GROUP

Our UU Book Group invites you to join us in reading our November selection – *Girls of Tender Age* by Mary-Ann Tirone Smith (see preview* below). Enjoy the reading.

If you want to participate in (or listen to) a discussion of the book and related issues, join us on Thursday, November 10 at 2:30, by Zoom.

Please contact Ginny Allen at fiddlenurse1@gmail.com if you'd like more information or if you want to join. An email with Zoom link will be sent a day or two before the meeting.

Book Selections 2022/23

Second Thursday of each month

November 10 – *Girls of Tender Age* by Mary-Ann Tirone Smith

December. 8 – *Midnight Library* by Matt Haig

January 12 – *Things We Lost in the Water* by Eric Nguyen

February 9 – *The Premonition* by Michael Lewis

March 9 – *The Lincoln Highway* by Amor Towles

April 13 – *Power: The limits and prospects for human survival* by Richard Heinberg

May 11 – *Beloved* by Toni Morrison

June 8 – *The Book of Lost Friends* by Lisa Wingate

July 13 – *Matrix* by Lauren Groff

August 10 – *Mismeasure of Man* by Stephen J Gould

*Our November selection:

Girls of Tender Age

"Girls of Tender Age" by Mary-Ann Tirone Smith is a revelatory memoir of what life was like for a young Catholic girl living in the south end of Hartford, CT from the mid 1940's to the mid 1950's... the freedoms, the boundaries, the relationships, the ethnicities...

the things she knew, and the very scary and tragic things she only learned about through research when she was older. The author paints vivid pictures of this childhood: the streets, stores, play areas, schools, the library and churches as well as the behaviors, both expected and forbidden, that were the stage for growing up in her mid 20th century Hartford environment.

Disability Support Group:

This group meets online the first Saturday of each month at 10:30 a.m. The zoom link is sent a few days prior to the meeting. In this group participants discuss the challenges of physical disability (chronic illness, chronic pain, impaired senses, impaired mobility) and emotional pain (loss, mental illness) and the stresses of caretaking a loved one. What is said in the group stays in the group. Email **Gloria Bent** for more information at bentgloria@gmail.com or call at 860-904-7768.

Caring Network

From the USH Caring Network: Please inform the Caring Network of needs, or volunteer your services. If you know of any member or friend experiencing some difficulty, please contact **Janice Newton** at janicecnewton@gmail.com or any member of the Caring Network so we can provide some assistance. A wide range of community services is also available to those in need by calling the Community Info Line at 211. The Nationwide Mental Health Crisis and Suicide Prevention hotline is available by calling or texting **988** to talk with a counselor.

The latest financial reports for **FY Nov-Dec 2021** have been posted, click [HERE](#) to view.

The **2021/22 Annual Report** is available [HERE](#)

The Board Meeting minutes for **July, August and September 2022** have been posted. To view the USH Directory, Reports, meeting minutes and other church business information online, click [HERE](#). Contact Buffie Pinney at hartforduusociety@gmail.com for the username and password.

2022 – 2023 USH Board of Directors

Eve Pech: President

Dana Donovan: President-Elect

Jon Covault: Treasurer

Sarah Harmon McKenzie: Secretary

Peter Meny: Spiritual Life Council Chair

Paul Cipriano: Administration Council Chair

Judy Sullivan: Social Justice Council Chair

Tina Davies: Community Within Council Chair

The December board meeting will be **12/13, 6:30 p.m. via Zoom link [HERE](#) and in the USH calendar via this [LINK](#)**

Missed Last Week's Enews? Click Below:

<http://www.ushartford.org/nourishing-spirit/newsletters/>

See Articles and News for USH and the Surrounding Area you may have missed or find a link to the USH Facebook Page [HERE](#).

Please consult our Online Calendar regularly for all upcoming events coordinated by the Unitarian Society of Hartford: www.ushartford.org/events/

To submit a Calendar Request (also for an online USH Zoom Room gathering) click [HERE](#).

E-News Contributors please take note: The deadline for USH E-News submissions is **Tuesday at 12 Noon**. Please include the dates that your submission should be included in the 'Subject' field. Announcements about upcoming events typically appear for two consecutive weeks maximum, unless other arrangements have been made with the editorial team. Articles should be sent as email file

attachments, and images need to be sent separately as jpeg, jpg, png, tiff, bmp, or gif files. Thanks for cooperating.

USH Staff:

<http://www.ushartford.org/staff-members/>

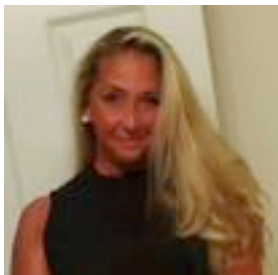
Sam Moffett, Director of Music Ministries
smoffettuu@gmail.com | 860-233-9897 ext. 108

Annie Witzler, Interim Religious Education Coordinator
re4ush@gmail.com | 860-233-9897 ext. 104

Patty Peck, Bookkeeper – Office or Phone by Appointment
ushtreasurer50@gmail.com 860-233-9897 ext. 102

Buffie Pinney, Office Administrator & Building Rentals
hartforduusociety@gmail.com | 860-233-9897 ext. 100

From Buffie's Desk



Please contact our Office Administrator, **Buffie Pinney**, with any administrative questions or concerns. Buffie works Sunday through Thursday, from 9 a.m. – 2 p.m..

Please email her at hartforduusociety@gmail.com

Buffie is *always* happy to hear from you!



[USH Calendar of Events](#)

The calendar for November 2022 can be viewed [HERE](#).

Please contact Buffie with any questions or concerns.

The deadline for USH Enews submissions is

Tuesday at 12 Noon.

Please note in the subject line "USH Enews." Thank you for your submission!

Email to: hartforduusociety@gmail.com

